



Holding Space #21
Laughter Yoga:
More than
a little fun

10th February 2021
11.00am – 12.00pm AEDT

Agenda

- Welcome
- Presentation – Laughter Yoga: More than a little fun
- Connecting In
- Prize Giveaway

About Heather Joy Campbell



Heather Joy Campbell is a leading Australian laughter wellbeing practitioner, who uses laughter yoga along with science of happiness techniques to deliver wellbeing programs, in-person and online, using the power of laughter.

Contact Details for Heather Joy Campbell



- Website www.thehappydemic.com.au
- Email is heatherjoy@thehappydemic.com.au
- Face-to-face training – [2-day workshop in Brisbane in March](#)
- [Laughter Yoga International](#)

Connecting In



Register Now

Stones for Therapy

10 March 2021
7.00 – 8.00pm AEDT



Free Info Night
Graduate
Certificate
In
Play and Art
Therapy
Thurs 18th Feb
7 - 8pm



Online
Art Therapy Group
5 Weeks Thurs 4th March
7 - 8.30pm



Online
Supervision Group
Monthly for 6 Months Tues 9th March
6.30 - 8.00pm



FUN and PRIZES



Dramatherapy for People with Dementia

9th March 7.00 – 8.30 pm

Live Webinar

\$40

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Quiz

