

Agenda

• Welcome

• Presentation – Laughter Yoga: More than a little fun

Connecting In

Prize Giveaway



About Heather Joy Campbell



Heather Joy Campbell is a leading Australian laughter wellbeing practitioner, who uses laughter yoga along with science of happiness techniques to deliver wellbeing programs, in-person and online, using the power of laughter.

Contact Details for Heather Joy Campbell



Website <u>www.thehappydemic.com.au</u>

Email is heatherjoy@thehappydemic.com.au

Face-to-face training – <u>2-day workshop in</u>
<u>Brisbane in March</u>

Laughter Yoga International



Connecting In







Free Info Night Graduate Certificate In **Play and Art Therapy** Thurs 18th Feb

7 - 8pm

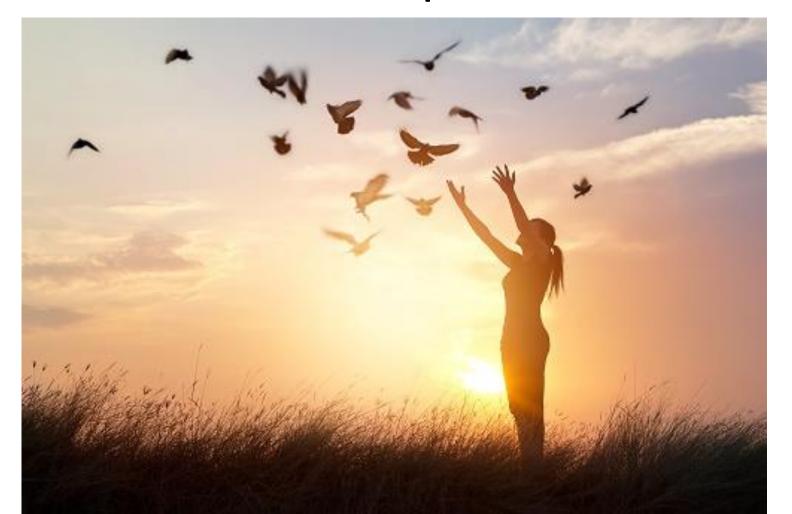




Online

Art Therapy Group

5 Weeks Thurs 4th March 7 - 8.30pm





Online **Supervision Group**

Monthly for 6 Months Tues 9th March 6.30 - 8.00pm





FUN and PRIZES





Dramatherapy for People with Dementia

9th March 7.00 – 8.30 pm Live Webinar \$40



Quiz



