



1 Day Workshop

Designed for those with at least two years of counselling practice who wish to extend their counselling skills and reflective practices. Experience hands-on training and develop your skills.

When: 13 February, 2019

Time: 9.00am - 4.00pm

Where: Wollaston Conference Centre, 5 Wollaston Rd, Mount Claremont, Perth, WA

Cost: \$330 (inc GST, all materials, lunch, m/a tea)
\$300 (Early bird paid by 13 Dec, 2018)

Trainer Jacki Short

Registered Counselling
Psychologist, Play Therapist
and Supervisor

About the Workshop

This one day experiential workshop invites you to develop your counselling skill practice and consider the role of self, transference and countertransference in your work. Designed for those with a minimum of two years counselling experience, this advanced skills training reviews basic skills of Person-Centered/ Rogerian counselling, advanced accurate empathy and more complex variables in the therapeutic encounter, providing real skill development. Through the use of structured, safe and supported exercises you will have the opportunity to develop counselling skills and tools to reflect more deeply on your therapeutic relationships.

This workshop will provide valuable learning processes for all counsellors, mental health clinicians and other helping professionals who wish to enhance listening and communication skills. Live demonstration of methods, DVD presentations and practice, reflection and feedback opportunities will be provided. This workshop provides practical, useful and interactive opportunities to deepen your counselling skills practice.

You will have the opportunity to:

- Review and revise key counselling skills
- See demonstrations of counselling skills
- Review advanced accurate empathy
- Consider the use of self in counselling
- Understand the principles of transference and counter transference and therapeutic uses and ways to manage
- Participate in role play sessions in small groups
- Gain skill practice, reflect and receive feedback

