



2 Day Workshop

Learn art and play therapy methods ideal for counselling children from 2 – 10 years. Explore suitable toys and materials to best engage and work with children in therapy in ways that allow them to lead the way.

When: 18 -19 March Sydney
18 - 19 June Melbourne
19 - 20 August Brisbane
18 - 19 November Melbourne
2 - 3 December Sydney

Time: 9.00am - 4.00pm

Cost: \$660 (inc GST, all materials, lunch, m/a tea)
\$630 (Early bird paid 2 months prior)
\$560 (Student price)
\$530 (Student early bird paid 2 months prior)

Trainer Jacki Short

Registered Counselling
Psychologist, Play Therapist
and Supervisor

About the Workshop

This two day workshop provides a practical introduction to child-led art and play therapy. Toys are children's words and play is their language. To understand and help children, we need to allow children opportunities to express themselves in their own language through art and play. Based on the work of international play therapy centres, and the presenter's own twenty five years of clinical experience, this workshop will demonstrate and give you practice opportunities in child-led play therapy. Through training in expressive play methods using toys, puppets and art media, you will practise the necessary skills and gain an understanding about working therapeutically in both non-directive play therapy and directive art therapy with children. This introductory workshop provides practical, useful and interactive opportunities to start your work with children aged between 2-10. Development principles are reviewed and consideration given to the types of art and play media best suited to this age.

You will have the opportunity to:

- Identify the theory behind child-centred play therapy
- Consider the evidence which shows this works
- Build skills in communicating and contracting with parents
- Practise person-centered empathic counselling skills
- Learn child-led art and play therapy techniques
- Consider practical ways to build your art and play therapy kit
- Learn in the safety and support of a small group