



## About the Workshop

This certificate course provides you with small group training (maximum 10 participants) in expressive art and play methods. You will gain 200 hours of training and supervision to build your understanding, skill, and confidence in working therapeutically with children and young people in both individual counselling and group work settings.

You will have practical, useful and interactive opportunities to discover the worlds of both non-directive and more structured therapeutic art and play. This certificate course offers you an experiential introduction to working with children and young people using a broad range of art and play media. It is structured as 150 hours of face to face learning, 40 hours flexible delivery learning and 10 hours of supervision. This optimises the time you have to practice new methods and fine tune new skills.

### You will have the opportunity to:

- Learn the eight core principles of non-directive art and play therapy
- Practise twenty powerful creative techniques for children and young people
- Gain a sound understanding of art and play therapy
- Know to engage children and young people in the counselling process
- Have meaningful conversations with parents
- Learn how to make sense of what the child's art and play means
- Know when and how to participate appropriately in art and play activities
- Build art and play media resources in your own practice

### Certificate Package

**Includes:**

150 hours face to face training  
40 hours on line learning and assessments  
10 hours supervision

**Trainers:** Jacki Short - Counselling  
Psychologist and Registered Play Therapist  
and Supervisor and SCCC Facilitators

**When:** March 11-13  
April 1-3  
April 29-30  
May 13-15  
August 5-7  
September 2-4

**Time:** 9.00am – 4.00pm

**Where:** Sydney

### Trainer Jacki Short

Registered Counselling  
Psychologist, Play Therapist  
and Supervisor

