



1 Day Workshop

Expand your supervision practice through creative arts methods to deepen reflexivity, enhance insights and well being.

When: 8 May OR
29 November, 2019

Time: 9.00am - 4.00pm

Where: Riverside Hotel, 20
Montague Rd, South Brisbane QLD

Cost: \$330 (inc GST, all materials, lunch, m/a tea)
\$300 (Early bird paid 2 months prior)
\$270 (Student price)
\$250 (Student early bird paid 2 months prior)

Trainers

**Dr Jeanette
Kennelly**

Registered Music Therapist

Ms Tania Balil

Registered Music
Therapist



About the Workshop

Learn new ways to be as a supervisor and supervisee to enhance your practice.

Traditionally, supervision practice for education, health and social care professions is framed by three different models: psychotherapy-based; developmental and social role. Alongside these models, creative approaches and expressive arts methods in supervision can provide alternative means of exploring the dynamics of professional practice. Engaging in a non-talking process during supervision can create a shift or a new awareness behind a work-related issue. These approaches can be used to validate and enhance a supervisee's experience and promote a different understanding of reflexive practice.

Our innovative workshop will introduce participants to the role and use of creative arts supervision approaches. There are no levels of creative skill or ability required by participants in order to experience the benefits of this supervisory approach.

You will have the opportunity to:

- Learn the philosophical underpinnings supporting non-verbal approaches in supervision
- Explore supervision issues using creative mediums such as music improvisation and expressive arts
- Experience a supervision approach that uses creative arts modalities for meaning making
- Reflect on creative representation and explore understandings on the phenomena that arise during supervision processes
- Enhance your insights into professional practice and personal wellbeing
- Be introduced to multimodal explorations that bypass the well-known narratives usually framing supervision practice
- Explore creative ways of sharing, through verbal and non-verbal means
- Explore practical ways of taking new findings into your supervisory practice.