

All Those Who Wander Are Not Lost: Finding Yourself in Your Play Therapy Journey – Keynote Presentation

With more than 20 recognized play therapy theories and approaches, this modality offers a rich and diverse landscape within the field of mental health care. Research, training programs, mentors, and colleagues all shape the way we practice—but what about your *authentic self*?

This training invites you to explore where and how you find your true “fit” as a play therapist. Together, we’ll dive into the joy of discovering your authentic therapeutic identity and examine why this often-overlooked process leads to greater fulfillment for you—and more meaningful outcomes for your clients.

Presenter: Dr Robert Grant



Dr Grant has received a Doctorate Degree in Educational Leadership, a Master’s Degree in Counselling, and a Bachelor’s Degree in Psychology. He is a Licensed Professional Counsellor, National Certified Counsellor, and a Registered Play Therapist Supervisor (RPT-S™). He specializes in working with children, adolescents, families, and adults, primarily serving neurodivergent individuals (autism, ADHD, sensory differences, learning disorders, and developmental disabilities). He is the creator of AutPlay® Therapy, an integrative family play therapy framework designed to help address the mental health needs of neurodivergent children and adolescents.

He works as a supervisor, consultant, and life coach utilizing several years of advanced training and his own lived neurodivergent experience to provide affirming services to children and their families. He has infused his experience and love for education and mental health care to create training programs for professionals and caregivers. He is an international trainer and keynote presenter having presented for the American Counseling Association, Association for Play Therapy, American Mental Health Counselors Association, and The World Autism Congress. He is also a multi-published author of several articles, book chapters, and books.

In 2015, he was awarded Play Therapist of the Year by the Missouri Association for Play Therapy. In 2017, he was presented with the APT Service Award by the National Association for Play Therapy. He has served on the board of directors for the American Association for Play Therapy and is a board member for the Digital Play Therapy program.

Presenters Professional Affiliations

Licensed Professional Counselor

National Certified Counselor

Registered Play Therapist Supervisor, Association for Play Therapy (APT) US

Creator of AutPlay® Therapy

Past President and Board Member for the Association for Play Therapy (US)

Current board member for the Digital Play Therapy Program

