



## About the Workshop

This two day workshop provides a practical introduction into the world of drama and role play as a therapeutic tool. Dramatherapy is used widely around the world with a range of client groups and is a method of working and playing that uses action methods to facilitate creativity, imagination, learning, insight and growth.

Through experiential learning, practical activities and case study illustrations, this workshop will introduce you to using drama and action based methods in counselling and group work. You will have a chance to participate in core dramatherapeutic processes including embodiment, drama games and play, story enactments, and role play which can be applied to a range of clinical settings.

### You will have the opportunity to:

- Take away a wide variety of drama games and warm ups to add to your toolkit
- Consider how drama is used therapeutically
- Experience and explore drama techniques and role play for use in counselling
- Experience a range of role play, story enactment and embodied approaches
- Explore the role of drama and its application using case studies

## 2 Day Workshop

Fill your creative therapy tool box with practical drama techniques to use in counselling and group work.

**When:** 6-7 May OR  
28-29 October, 2019

**Time:** 9.00am – 4.00pm

**Where:** Burwood RSL,  
96 Shaftesbury Rd, Burwood, NSW

**Cost:** \$660 (inc GST, all materials, lunch, m/a tea)  
\$630 (Early bird paid 2 months prior)  
\$560 (Student price)  
\$530 (Student early bird paid 2 months prior)



**Trainer**  
**Natalie Mackenzie**  
Registered Dramatherapist