

Therapeutic Life Story Work (TLSW): meaning making through play, storytelling and therapeutic safety

Workshop

Brief overview of TLSW model + research both national and internationally

Individual and group demonstration and experiential practice of at least 6-8 tools (relational, story exploring and information sharing tools used across the TLSW intervention but are adaptable to current Creative Practices and therapeutic roles). Based on the adult learning principles of example first (I do), then they try (you do)

Group reflective time and Q&A space.

Presenter: Elise Saunders



Involved in the welfare, care and protection sector for 20 years across NSW and Victoria in various positions (residential carer, department case manager, manager in foster care, intensive young person care, kinship care, child protection, therapeutic specialist, consultation and training delivery). Training and supervision in TLSW since 2019 with multiple agency partners including Berry Street, MacKillop, ACWA/CCWT, VACCA, Youth Justice, Family Life, DFFH, Allambie Care, Benevolent Society, The Centre of Excellence, Anglicare and internationally (Singapore, UK, Japan, New Zealand, America). Lead Therapeutic Consultant: pilot programs and practice integration with First Nations, disability, multicultural services, refugee programs, homelessness, and OoHc agencies. Degree in Psychology (2009) Western Sydney University. Graduate studies in TLSW (2016) and Developmental Trauma (2018). Contributing author to (2017) “Innovative Therapeutic Life Story Work: Developing Trauma-Informed Practice for Working with Children, Adolescents and Young Adults. International and national conference keynotes, workshops, presentation and MC (2019 – present). Research involvement (Deakin University) and lead practitioner in the Department of Families, Fairness and Housing for TLSW for young people in residential care (2016-2020).

Presenters Professional Affiliations

Therapeutic Life Story Work International and Australian member
Chair of Therapeutic Life Story Work Australia

