

## **“Steve is everywhere”: Supporting children’s grief journeys through sandtray therapy paper presentation**

Grief is a non-linear journey that children in particular can find challenging to navigate. Through the creative, expressive, non-verbal therapeutic intervention of sandtray, children are supported with a tactile, sensory way of expressing their grief and making meaning by creating stories and worlds in the sand.

### **Presenter: Emma Sandford**



Emma is a school social worker, early childhood teacher and certified sandtray therapist living and working on Taungurung and Djaara countries in Central Victoria. She uses her lived and living experience of neurodivergence to support children and families in a variety of settings and is particularly passionate about the way in which sandtray therapy supports meaning-making in creative, expressive and non-verbal ways.

#### **Presenters Professional Affiliations**

School Social Worker