

The background is a rich, abstract painting. It features a large, central swirl of colors including yellow, orange, and red, surrounded by layers of blue and green. The overall effect is dynamic and energetic. A blue oval is superimposed over the center of the painting, containing the text.

Holding Space #15

# Inclusive Practice

# Agenda

- Welcome
- Inclusive Practice in Health and Education
- Connecting In
- Prize Giveaway

# Annie Areum Shin



Photo Credit: Blacktown Arts

**Annie** is a final year student studying Psychology and Fine Arts at UNSW. She aspires to pursue these disciplines in her career to contribute to the betterment of empirical creative therapy, positive psychological intervention and their application for adolescents.

She is an intern at the Sydney Centre for Creative Change, where she is fostering knowledge of and experience in professional and creative settings.

Also an emerging Korean-Australian artist, she explores psychological concepts and processes through abstraction in her artmaking practice. As a student, Annie has experienced both inclusive and excluding educative practices based on perceptions of her race and will reflect on these.

# Emme Krystelle



**Emme** knew who she was at 4 years old but didn't know of anyone like her, had no language to speak about it, and kept it her private and treasured secret.

You see, Emme is female in a transgender body.

As an adult, she finally shared openly about her inner world in psychotherapy groups. She found it liberating from the pain of repression, loneliness and inauthenticity - and there are also new challenges to face in her psyche and in society.

Insights from Emme's story will assist professionals in the fields of health and caring in understanding how to support transgender people in facing many challenges and creating a life of optimal wellbeing.



# *Connecting In*



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**Register  
Now**

# **The Hunter Heartbeat Workshop:**

**Sensory Games for Autistic  
Individuals and Their Families**

**Thursday 1<sup>st</sup> October**

**7.00 – 8.00pm AEST**





**Register  
Now**

# **Supervision as a Super Meeting of Visionaries**

**Wednesday 14<sup>th</sup> October  
11.30am – 12.30pm AEDT**

# FUN and PRIZES





# **Not Another Icebreaker: Engaging Activities for Starting Groups**

**Natalie Mackenzie**

**Live, Online, Webinar, 21 September**

**\$40**

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