Holding Space for Self and Others

Jacki Short Principal Counselling Psychologist and Play Therapist Sydney Centre for Creative Change



Webinar

- Welcome
- Special Guest: Dr Eliana Gil
- More Helpful Resources
- Connecting In
- Next Free Support Webinar



Holding Space for Self





Connecting In





FUN and PRIZES





Free One Hour Session of Regulation and Self Care

With trauma specialist, trained in Child Centred Play Therapy, Sensorimotor Art Therapy, Somatic Experiencing and Somatic based Touch Skills for Therapists.

Chris Storm AThR, SEP M.Ed.

Storm Insight

Working towards happier, healthier, safer communities M: 0418432362

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W: www.storminsight.com.au





Free Business Coaching Session – Taking Your Work Online

With Personal Business Coach, James Short who has 9 years of growing and supporting business with change.

E: tribe@goalstribe.com W: www.goalstribe.com





Free 90 Minute Sydney Centre for Creative Change Webinar



Holding Space for Others



TeleHeath Check In

Robert Jason Grant (AutPlay Therapy)

- Can you see me and hear me?
- I can/can not see and hear you.
- I am in my home office. No one else is here.
- Where are you? Is anyone else there?
- Can anyone else see or hear your session?
- If so, can you acknowledge you are okay with that?



Innovative Resources

Online Versions of

Bears Strengths **Body Signals**



Next Free Webinar...





