



# #9 Holding Space for Self and Others

## Spiritual Direction

# Agenda

- Welcome
- Spiritual Direction
- Special Guest: Matthew Evans
- Connecting In
- Prize Giveaways

# Matthew Evans

**Psychologist and Spiritual Director MA.Psych.,MAPS**



Matthew has worked as a psychologist in both public and private clinics for more than 20 years.

His particular area of interest is in assisting clients to connect with their spirituality and innate wisdom using mindfulness and similar strategies to address a range of presenting problems.

# *Connecting In*



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# FUN and PRIZES



# Playful Narrative Therapy Part 3

Kim Billington

Live Interactive Webinar, June 17

\$40

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**Art of Healing:  
Supporting Grieving Adults  
Beate Steller**

**Live Interactive Workshop, June 27**

**\$120**

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**Special Guest**  
**Jay Anderson**  
**Animal Assisted Therapy**  
**Wednesday 24<sup>th</sup> June**  
**11am - 12pm AEST**  
**Register Now**



