

Moving Nature features an online library of over 80 movement activities demonstrated in fun short video tutorials. The library is accessed via a resource pack of 24 beautifully illustrated creature cards.



Bentzi the Bear



Scan to play



You might use the following props when playing this card: a pool noodle or broomstick and random toys.

Stacey the Duck

& Arnold the Duckling



Scan to play



You might use the following props when playing this card: a ball or rolled up socks.

Melvin the Monkey



Scan to play



Age range suitability: 3 years and up

Recommendation:

We encourage parents and professionals to use their discretion regarding which activities are appropriate or not appropriate for themselves or their child/student/s specific needs and abilities. We also encourage parents and professionals to use the product as a resource of movement ideas, which may inspire play time, therapeutic plans or classroom lessons, and to consider how the activities could be adapted to better suit specific needs and abilities.

