

## Panelist: Nicky Trussler



Nicky specializes in working with autistic children and their families, using a neurodiversity affirming approaches to support individuals, challenge stereotypes and navigate systemic inequality. Nicky is a Registered Play Therapy Supervisor and Accredited Mental Health and Disability Social Worker.

Nicky is an Accredited Mental Health Social Worker, Accredited Disability Social Worker, Registered Play Therapy Supervisor, Certified Synergetic Play Therapist and Certified Autplay® Therapist, with over 20 years' experience helping and supporting children and their families. Nicky is a current board member of the Australian Play Therapists Association.

Nicky specialises in providing therapy to children and adolescents with disabilities including autistic children, using an integrated play therapy approach which helps them build their capacity and reach their potential. Nicky works respectfully with children and their families to understand behaviours, increase their ability to regulate their emotions, and develop social navigation skills.

### Presenter's Professional Affiliations

Accredited Mental Health Social Worker

Accredited Disability Social Worker

Registered Play Therapy Supervisor

Certified Synergetic Play Therapist

Certified Autplay® Therapist

Australian Play Therapists Association Board Member

Founder – Possum House: Child and Family Counselling and Therapy