

### Agenda



- Welcome
- Understanding Anxiety and Insomnia in Children and Young People:
  - The Nesting Approach
- Connecting In
- Prize Giveaway



#### Sue Jennings PhD

#### Anthropologist, Therapist, Performer, Author



**Professor Sue Jennings PhD** has been a pioneer of Dramatherapy and Play Therapy in the UK and overseas.

Her paradigm 'embodiment-projection-role' is integrated into education and therapy world-wide.

Having worked as a clinician in psychiatry, forensic settings and special education, she has focussed her recent practice and research on early years development and developed 'Neuro-Dramatic-Play' as a basis for attachment and empathy.

She emphasises the importance of 'play from conception' for healthy emotional and social growth.

Sue is a prolific author with over fifty publications on theory and application to her name. She believes passionately in 'playing for peace' with a rule of 'no guns in the playroom'.



# Professor Sue Jenning's Upcoming Events and Contact



#### Attachment-based Play Workshop

Tuesday 25 August | 9.00am - 12.00pm **"** 

Saturday 29 August | 2.00pm - 5.00pm

Select one

All for a course fee of only £45





Live Presentation & Workshop • Stories for Playing Extra Notes & Examples • Suggested Reading • and more!

To book, please visit www.ndpltd.org/live-online-training



#### by Professor Sue Jennings

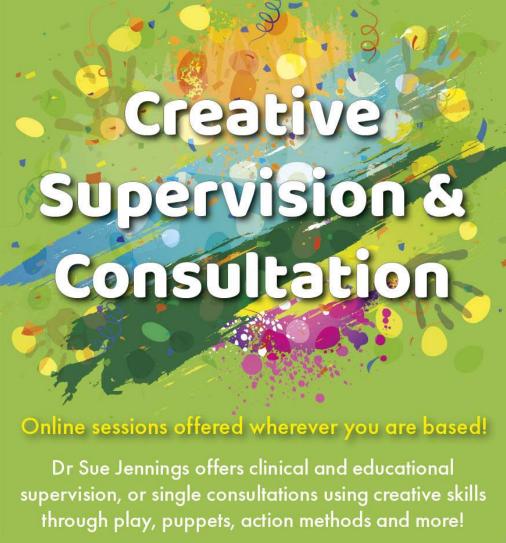


Sunday 30 August | 0900 - 1200 BST OR Monday 31 August | 1400 - 1700 BST

Course fee £45

To book, please visit www.ndpltd.org/live-online-training





Consultations also available for parents

Please inquire initially by email: drsue@ndpltd.org

Sessions conducted via Skype or Zoom • Payment via PayPal

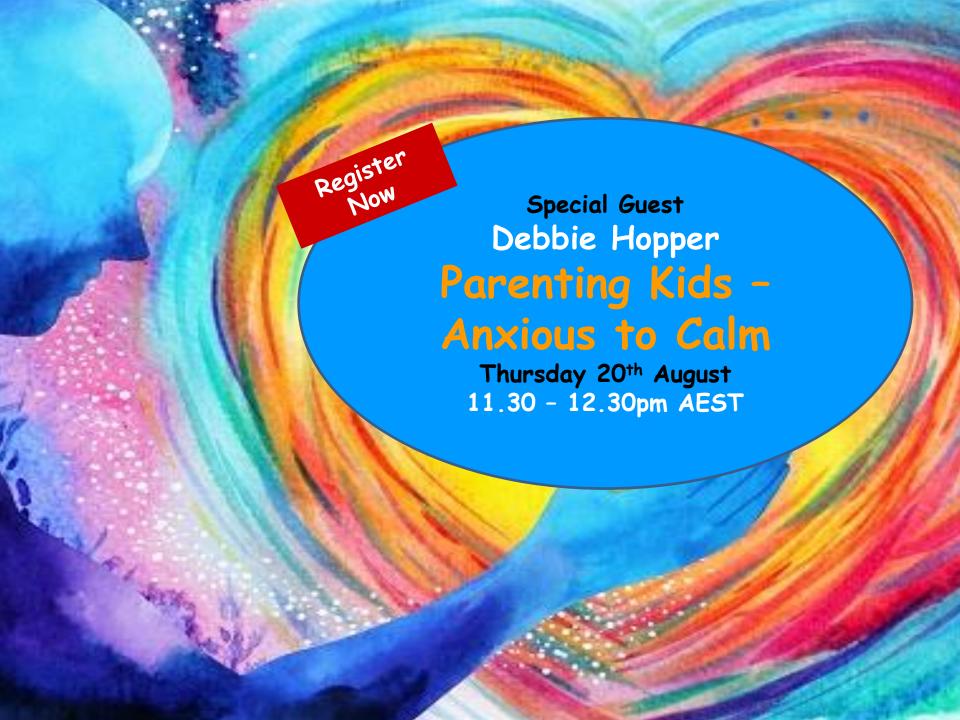
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## Connecting In





# FUN and PRIZES





**Creative Therapy for Children with Anxiety** 

**Jacki Short** 

Live, Online, Interactive Workshop, 1-2 September \$240



