



2 Day Workshop

Learn ways to create, source and use stories therapeutically in your work with children. Experience hands-on training and gain skills in storytelling for healing.

When: 27-28 June, 2019 Sydney
29-30 August, 2019 Brisbane

Time: 9.00am - 4.00pm

Where: Sydney - Burwood RSL
Brisbane - Riverside Hotel

Cost: \$660 (inc GST, all materials, lunch, m/a tea)
\$630 (Early bird paid 2 months prior)
\$560 (Student price)
\$530 (Student early bird paid 2 months prior)

Trainer

Susan Perrow

Masters in Education

About the Workshop

Stories provide powerful metaphors to inspire, teach and guide. Stories can help to give hope, to build resilience, to develop positive values and to affect behaviour change.

In this introductory two day workshop, examples, ideas and techniques for writing healing stories will be shared and the therapeutic use of metaphor explored. With the support of a story-making framework, you will be guided in metaphor mapping and create your own stories to address a range of challenging behaviours and situations.

Through case study illustrations and practical exercises, this workshop will introduce you to a range of therapeutic stories for children and adults in counselling and group work.

You will have the opportunity to:

- Appreciate the historical and cultural value of storytelling, and the importance of imagination as a 'way of knowing'
- Identify the genre of therapeutic storytelling and understand a therapeutic writing framework (metaphor, journey, resolution)
- Appreciate the therapeutic use of metaphor and metaphors as 'story seeds'
- Explore the process of metaphor mapping
- Identify different aspects of children's behaviour and the link to story resolutions
- Use a random 'story bag' approach to stimulate imaginative story ideas
- Construct a therapeutic story for a chosen theme
- Learn in the safety and support of a small group.