



## 1 Day Workshop

Learn about music methods to assist when words fail for those facing neurological disorders and end of life.

**When:** 26 July OR  
29 November, 2019

**Time:** 9.00am - 4.00pm

**Where:** Burwood RSL,  
96 Shaftesbury Rd, Burwood NSW

**Cost:** \$330 (inc GST, all materials, lunch, m/a tea)  
\$300 (Early bird paid 2 months prior)  
\$230 (Student price)  
\$200 (Student early bird paid 2 months prior)

## About the Workshop

This one day workshop provides you a theoretical and practical introduction to the use of music for people with neurological disorders such as dementia, Parkinson's, and for those facing end of life. Communication and emotional expression can be particularly difficult for people in these situations. Music can be a diverting, positive and enjoyable means through which communication can be made possible.

Learn how clients with neurological disorders can be given a means of non-verbal expression using symbols, the musical structure of songs, musical compositions for listening, song writing, imagery, visualisations and music-assisted meditation. This workshop is aimed at enhancing your existing practices and will provide valuable creative and evidence based tools for those who work with clients managing neurological disorders and end of life issues. Musical skills are not a requirement.

## You will have the opportunity to:

- Learn how to work with client-based non-verbal cues with music
- Practise creating musical responses to behavioural expressions
- See music influence emotional responses and psychological states
- Learn how to adapt and apply music material therapeutically
- Consider how to use music material for guided meditation
- Experience integrating music with other creative modalities
- Learn how to work with clients in altered states of consciousness using music

**Trainer**  
**Dr Kirstin**  
**Robertson-Gillam**  
Registered Music Therapist

